

















ALLWEDD / KEY

-  Ffordd Goedwig
Forest Road
-  Lôn Ddwbl
Double Track
-  Lôn Sengl
Single Track
-  Disgyniad Da
Good Downhill
-  Esgyniad Serth
Steep Uphill
-  Darn Technegol
Technical Section
-  Troeon Garw
Sharp Bends
-  Gofal! Cerddwyr
caution! Walkers
-  Gofal! Cerbydau
caution! Vehicles
-  Darn Creigiog
Rocky Section
-  Darn Gwlyb lawn
Very Wet Section
-  Afon
River
-  Prif Ffordd
A Road
-  Ffordd Eilradd
B Road
-  Ffordd Fach
Minor Road
-  Coedwig Gwydyr
Forest



» Gwydyr Forest : Route 1

THE MARIN MOUNTAIN BIKE TRAIL

Distance	25km
Climb	450m
Time	2 - 4 hours
Level	Suitable for experienced mountain bikers